



Studi LEArner Profile Report



The report provides an insight into your current learning behaviour and suggests scientific learning strategies to develop good study habits. You can use our recommendations to study smart, become an independent learner and take a giant leap ahead in school and life!







Name:

Class:

Class 5

Studi-Dimensions of Learning Framework

Congratulations on taking the first step in understanding your learning profile!

Studi-LEAP assessment is designed on the **Studi-Dimensions of Learning** framework, which considers **six crucial aspects of cognition and learning**, applicable to K-12. It is based on pioneering scientific research in the field of psychology, education, and neuroscience.

Not everyone learns the same way. Yet, some students do better than the others. Why? Because they have a combination of good learning habits. So, we used The Science of Learning to identify the **desired learning habits** for each dimension and asked you to answer a question against each.



If you answered honestly, your LEAP report could serve as a jump board for you to take a big leap in your learning journey.



Desire to learn

Introduction

This dimension of learning makes you reflect on how motivated you are to learn, the level of your interest in learning, and whether you are putting effort into learning. Remember, when your brain cells struggle to learn, they remember it longer.

Your desired learning traits

Is self motivated to learn



You've figured it out!

Set achievable daily study targets and improve your score through planning, regular studies, and scientific learning strategies.

Puts efforts in learning



That's a good effort!

Use good quality study material and solve problems daily to prepare for exams and tests.

Understands the big picture before learning anything new



That's a good effort!

Scan through a chapter before getting into a detailed study. This will give you the Big Idea behind a chapter, make connections with your previous knowledge, and create an interest in the subject.



Planning for learning

Introduction

This dimension of learning makes you reflect on whether you are planning smartly to maximise your learning without getting stressed. Planning takes away a lot of anxiety, so always make a study plan and try your best to follow it. Make changes to the plan whenever needed, but do make a plan.

Your desired learning traits

Is able to divide content in logical chunks



That's a good effort!

Daily studies will help you cover the portion at an easy pace and relaxed mind.

Manages time well



You've figured it out!

Playing is as important as studying because it acts as a stress reliever. Also, with good planning, you will be exam ready with ease.

Sets learning goals



That's a good effort!

Break down the work required to achieve your goals in small steps. You can then achieve your goals through planning and regular practice.

Creates a study timetable/to-do list



That's a good effort!

Make a habit of creating daily study plans by dividing your portion into smaller parts and completing the portion well before exams, without any anxiety.

Tracks study plan completion



That's a good effort!

Tracking a plan is as important as making it. Your daily steps help you achieve big goals. So, always track your plan completion.



Using learning strategies

Introduction

This dimension of learning helps you discover whether you know " how to learn " techniques. And if not, do follow the suggestions given.

Your desired learning traits

Is not distracted while studying



That's a good effort!

When you study free from distractions, you will be able to focus and learn. Create a quiet study area and set a focused study time, during which stay away from phone or TV.

Pays special attention to weak subjects



That's a good effort!

To improve yourself, you must be aware of your weak areas. This will help you pay attention to weak areas and improve your performance.

Takes self-tests



😕) You can do better

Solve mock test papers to assess your exam preparedness and time management.

Studies regularly



That's a good effort!

We forget things which we dont practice often. But revising using the same material may get boring. Look for easy to understand and engaging learning material that makes your revision time interesting.



Learning for understanding

Introduction

This dimension of learning makes you reflect on your study habits and whether they help you retain knowledge longer or not. For example, reading a chapter, again and again, creates an "illusion of learning". But reading a chapter and then self-testing improves understanding.

Your desired learning traits

Tries to recall information to test retention



That's a good effort!

Make it a habit to always retrieve information after a study session. This helps transfer the learning from your short-term memory to long term memory.

Interleaves subjects and problem types



That's a good effort!

Study different subjects on the same day, and also solve problems of different types to exercise your brain and create new connections.

Repeats practice to improve retention



That's a good effort!

Space your practice of a difficult concept (at least thrice in 15 days) and notice how it improves your learning and retention.



Learning through reflection

Introduction

This dimension of learning makes you ponder if you use the feedback on your learning to enhance your knowledge. Feedback is a great tool to improve your weak areas. Don't fear it. Receive it and reflect for some time to find ways to improve yourself.

Your desired learning traits

Reflects on what they learn



That's a good effort!

Set aside time for self-reflection after studying a topic. Ask questions to yourself or attempt questions based on the topic to solidify your learning.

Learns from feedback



You've figured it out!

Use the feedback to identify and focus on areas of improvement. Think of ways to avoid repeating your mistakes.



Develop a Growth mindset

Introduction

This dimension of learning checks how your brain reacts to learning challenges. Many times, it just shuts down! But if you take small steps to overcome these challenges, there is no stopping you!

Your desired learning traits

Analyses strength/weakness



You've figured it out!

If your current performance is good, make it a benchmark for your future performance. If you are not satisfied with it, set an achievable goal for the next exam and improve slowly but consistently.

Takes initiative to explore



You've figured it out!

Identify authentic sources of learning material and use them to widen your knowledge, improve your comprehension and vocabulary.

Seeks help when required



(C) You've figured it out!

Ask help from people who are experts in the areas you are struggling with. Identify your mentors.

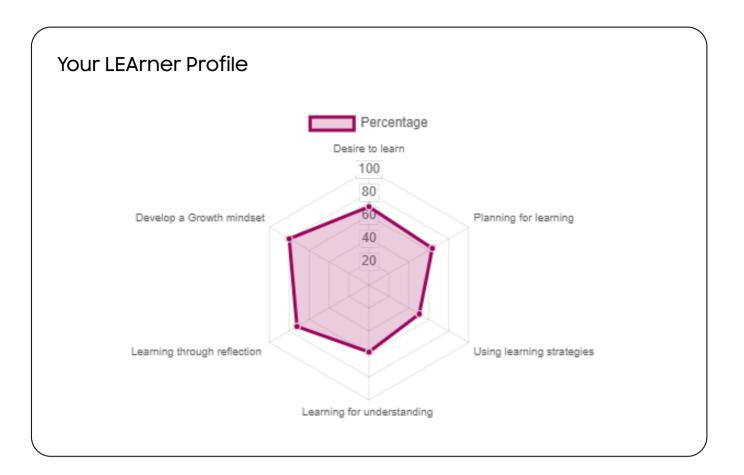
Faces learning changes well



That's a good effort!

Use appropriate learning strategies to understand a challenging topic. Break down the topic in small chunks, practice it often, and seek expert help if needed.

Analysis of your studying method







Continous improvement is better than delayed perfection

You are on the right path of learning and are already using scientific methods of studying. However, a structured study planning tool, chunked content presented in an easy to understand format, and daily practice sets can improve your performance manifold. The report provides suggestions for each learning dimension based on the Science of Learning. Do work on them to improve the way you learn.



Got doubts?

Let our experts help you!

Email us at: support@tatastudi.com



Chat with a counsellor: +91 7506617777

You can download the Tata Studi App on:





